



HOT WEATHER & EXTREME HEAT GUIDENCE

This guidance is designed to protect the health and safety of members, guests, and staff when playing in hot weather conditions.

WEATHER MONITORING

During expected hot weather periods, forecasts will be checked daily, using the Met Office data. Decisions on hot weather safety measures will be based on the maximum temperature forecast for the day or the days ahead.

TEMPERATURE & ACTIONS

- 30°C-34°C: Normal play but player safety precautions to be followed.
- 35°C – 39°C: Consideration should be given to whether to cancel competitions and restrict general play to mornings, with play to finish by 1:30 PM to avoid high afternoon temperatures.
- 40°C or above: Competitions and play may be cancelled during the period of exceptional hot weather, if so a communication will be sent out and a notice will be posted by the path to the 1st tee that the course is closed.

PLAYER SAFETY

- Wear light clothing, hats, and sunscreen (SPF 50+).
- Carry 1L water per 9 holes. Drink regularly.
- Take shade wherever possible and stop play if you are dizzy, unwell, or disoriented. Call for help if needed and if serious, dial 999.

COMMUNICATION

Decisions on course play will be posted on the club website/course line, and a notice on any hot weather course restrictions will be displayed on the path to the 1st tee.

RESPONSIBILITY

Players choosing to play in hot weather do so at their own risk but should ensure they follow hot weather precautions detailed above.

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